



2022-23 Season

Cross-Ice Mite Program

Birth Years 2016 and younger

Questions?: vfcassist@yahoo.com

The Cross Ice Mite program is the first step as a Valley Forge Colonial youth hockey player. Welcome to the VFC Program. Players in the Cross Ice Mite Program are typically new to formal hockey instruction. Most players have advanced through Learn-to-play programs such as CHIP. Many of the new players will play Cross Ice for 2 years before advancing to the Half Ice program. Our programs primarily focus is on fun, skill development, unselfish team play and sportsmanship. Strong skating skills are the foundation of our youth hockey program. Each weekday practice will have dedicated time to skating fundamentals under the direction of our professional skating coaches. The target number of players per team is 8-10. All players and families will have a great opportunity to socialize and build new and lasting friendships well beyond their days at the rink. To play the game of hockey is great but to learn to love the game of hockey is our goal.

Evaluations Sessions:

Preliminary evaluation of all players for summer practice groups.

3/21 @ 4:45pm

3/22 @ 4:45pm

Summer Practice Sessions: July-August

1 skills practice per week (schedule TBD)

Fun, basic skills development, further evaluation of players

Fall/Winter Season: September-March

Team creation – late August

2 weekday skills practices per week (schedule TBD)

Host games on weekend slots (vs another VFC team or outside organization) – expect at least one game per weekend

League Jamboree - September

All Mite players are required to register with USA Hockey.

VFC Cross Ice Mites will play a LIGHT TRAVEL schedule.

Evaluation fees \$50 – 2 days of skating

Tuition fees are separate fees. A contract will be required to be signed and a \$400 deposit made at time of contract signing.

Mite players are not required to be at evaluations but it is the only guarantee that you will have a Mite rostered spot with VFC.

Cross-Ice Mite Program Fee: \$1,450

Family Discounts: Oldest child pays FULL, 2nd oldest child 10% discount, all other children 20% discount

Proudly supporting USA Hockey's American Development Model

